Achieving health equity requires efforts to address historical and contemporary injustices; overcome economic, social, and other obstacles to health and healthcare; and eliminate preventable health disparities. Community-Academic Partnership building in CCHE prioritizes use of campus and other resources to support community-led strategies to address inequities in health and health outcomes.

**CURATED EXPERTISE AVAILABLE**

- **Cancer basics**, prevention and screening information for the most common forms of cancer (lung, colorectal, breast, prostate, pap smears, colonoscopies/stool samples, chest CTs) and treatments (radiation, chemotherapy). Specialized focus on health literacy for populations with heavier cancer burden.

- **Diabetes self management and education** - information on healthy eating, exercise/sedentary activities, social support and health, stress management.

- **General health and medicine topics**, interest in maternal-fetal medicine and sickle cell disease.

- **Nutrition education basics**, including recipe modification, reading food labels, meal planning, etc.

- **Physical activity and exercise classes and information**.

- **Women’s health** including preventative care, contraception, STIs/safe sex, preconception, any pregnancy related topics, breastfeeding.

Contact Tyson Jackson to get started.

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